

# Alphabetical Checklist of Dosages and Uses of 100 Common Psychotropic Medications

## Alphabetical by GENERIC NAME

Ed Zuckerman, PhD and Dan Egli, PhD

Trade	Names <i>generic</i>	Drug Class	Usual Adult Daily Dosage Range in mgs	FDA-approved Indication(s)	Common "Off-label" Uses, if any
acamprosate	<b>Campral</b>	Alcohol antagonist	1332-1998	Alcohol dependence	
adalafil	<b>Cialis</b>	PDE-5 inhibitor	5-20	Erectile dysfunction	
alprazolam	<b>Xanax, XR</b>	benzodiazepine	.25-4	Panic	Anx
alprazolam, ODT	<b>Niravam</b>	benzodiazepine	.3-5	Panic, GAD	
amitriptyline	<b>Elavil</b>	Tricyclic AD	75-150	MDD	Depr
D- & L-amphetamine	<b>Adderall, XR</b>	Stimulant	5-40	ADHD, Narcolepsy	
aripiprazole	<b>Abilify</b>	Atypical	10-15	Schizophrenia, Bipolar	
atomoxetine	<b>Strattera</b>	Non-stimulant	40-100	ADHD	
benztropine	<b>Cogentin</b>	Antidyskinetic	1-8	Anti-Parkinson's	ExtraPyramidal Symptoms
buprenorphine	<b>Subutex</b>	Opioid antagonist	12-16	Opioid dependence	
buprenorphine & naloxone	<b>Suboxone</b>	Opioid antagonist	12-16	Opioid dependence	
bupropion	<b>Wellbutrin/Zyban</b> <b>BudeprionER</b>	DNRI	200-450	MDD, Smoking, SAD	
buspirone	<b>BuSpar</b>	Anti-anxiety	15-60	GAD	
carbamazepine	<b>Tegretol</b>	Anti-convulsant	400-1200	Epilepsy	Bipolar
carbamazepine ER	<b>Equetro</b>	Anti-manic	200-1600	Bipolar	
chlordiazepoxide	<b>Librium</b>	benzodiazepine	5-100	Anx, Alcohol withdrawal	
citalopram	<b>Celexa</b>	SSRI	20-40	MDD	Depr, PmDD, PTSD, BDD, SocAnx
clomipramine	<b>Anafranil</b>	Tricyclic AD	100-250	OCD	
clonazepam	<b>Klonopin, Wafers</b>	benzodiazepine	.25-4	Seizures, Panic	GAD, Hypn
clorazepate	<b>Tranxene</b>	benzodiazepine	15-60	Anx., Seizures	
clonidine	<b>Catapres</b>	Antihypertensive	.1-.3	Hypertension	Drug detox, Pain, Impulse, ADHD
clozapine	<b>Clozaril/FazaClo</b>	Atypical	300-450	Schizophrenia	Bipolar
dexmethylphenidate	<b>Focalin, XR</b>	Stimulant	5-20	ADHD	
dextroamphetamine	<b>Dexedrine</b>	Stimulant	5-40	ADHD, Narcolepsy	EDS
diazepam	<b>Valium</b>	benzodiazepine	4-40	Anx., Muscle spasm, Seizures	
disulfiram	<b>Antabuse</b>	Alcohol antagonist	125-500	Manage chronic alcoholism	
divalproex	<b>Depakote/-ene/-con</b>	Anti-convulsant	750-3000	Bipolar, Epilepsy, Migraine	
donepezil	<b>Aricept</b>	Cholinesterase inhibitor	5-10	Mild, mod. & severe dementia	
doxepin	<b>Sinequan/Adapin</b>	Tricyclic AD	150-300	MDD	Depr
duloxetine	<b>Cymbalta</b>	SNRI	20-80	MDD, Neuropathic Pain	Depr, GAD, PmDD, PTSD, SocAnx
escitalopram	<b>Lexapro</b>	SSRI	10-20	MDD, GAD	BDD, PTSD, SocAnx, Depr, PmDD
estazolam	<b>ProSom</b>	benzodiazepine	1-2	Insomnia, short-term use	
eszopiclone	<b>Lunesta</b>	Non-benzo hypnotic	2-3	Insomnia, ≤ 6 months use	
flurazepam	<b>Dalmane</b>	benzodiazepine	15-30	Insomnia, short-term use	
fluvoxamine	<b>[Luvox]</b>	SSRI	50-300	OCD	MDD, PTSD, SocAnx, PmDD, BDD
fluoxetine	<b>Prozac/Sarafem</b>	SSRI	20-80	OCD, Panic, PmDD	Depr, SocAnx, Anx, BDD MDD, PTSD, Bulimia Bipolar
gabapentin	<b>Neurontin</b>	Anti-convulsant	900-1800	Epilepsy	
galantamine	<b>Razadyne</b>	Cholinesterase inhibitor	8-32	Mild-moderate dementia	
guanfacine	<b>Tenex</b>	Antihypertensive	.5-3	Hypertension	Drug withdrawal
imipramine	<b>Tofranil/PM</b>	Tricyclic AD	75-200	MDD, Enuresis	Depr
isocarboxazid	<b>Marplan</b>	MAOI	20-60	MDD	
lamotrigine	<b>Lamictal</b>	Anti-convulsant	100-200	Epilepsy, Bipolar	
levetiracetam	<b>Keppra</b>	Anti-convulsant	1000-3000	Epilepsy	Bipolar
lithium carbonate	<b>Eskalith/Lithobid</b>	Anti-manic	900-1800	Bipolar	
lorazepam	<b>Ativan</b>	benzodiazepine	2-6	Anx	Alch withdrawal, Seiz, Insomnia
maprotiline	<b>Ludiomil</b>	Tetracyclic AD	75-225	MDD	Depr
memantine	<b>Namenda</b>	NMDA antagonist	5-20	Moderate-severe dementia	
methamphetamine	<b>Desoxyn</b>	Stimulant	5-25	ADHD, Anorexiant	EDS, Narco
methylphenidate	<b>Concerta</b>	Stimulant	18-54	ADHD	
methylphenidate	<b>Daytrana</b>	Stimulant	10-27	ADHD skin patch, ages 6-12	
methylphenidate	<b>Metadate</b>	Stimulant	20-60	ADHD	
methylphenidate	<b>Methylin</b>	Stimulant	20-60	ADHD, Narcolepsy	
methylphenidate	<b>Ritalin</b>	Stimulant	20-60	ADHD, Narcolepsy	EDS
mirtazapine	<b>Remeron/Soltab</b>	Tetracyclic AD	15-45	MDD	Depr
modafinil	<b>Provigil</b>	Wakefulness promotion	100-400	EDS, OSA, SWSD	ADHD, MDD
naloxone	<b>Narcan</b>	Opioid antagonist	.4-2	Opioid overdose	

<i>naltrexone</i>	<b>Vivitrol</b>	Opioid antagonist	190-380/ mo.	Alcohol dependence	
<i>naltrexone/nalmefene</i>	<b>Revia/Revex</b>	Opioid antagonist	50	Opioid dependence	<i>Alcohol dependence</i>
<i>nefazodone</i>	<b>[Serzone]</b>	SNRI + 5HT2a	300-600	MDD	<i>Anx, PTSD</i>
<i>nortriptyline</i>	<b>Aventyl/Pamelor</b>	Tricyclic AD	25-100	MDD	<i>Depr</i>
<i>olanzapine</i>	<b>Zyprexa/Zydis</b>	Atypical	5-30	Schizophrenia, Bipolar	
<i>olanzapine &amp; fluoxetine</i>	<b>Symbyax</b>	Atyp & SSRI	6/25-12/50	Bipolar	<i>Schizophrenia</i>
<i>orlistat</i>	<b> Xenical</b>	Lipase inhibitor	360	Obesity	
<i>oxazepam</i>	<b>Serax</b>	benzodiazepine	30-120	Anx, Alcohol withdrawal	<i>Anti-itch, Seiz, Hypn</i>
<i>oxcarbazepine</i>	<b>Trileptal</b>	Anti-convulsant	600-1200	Epilepsy	<i>Bipolar</i>
<i>sodium oxybate</i>	<b>Xyrem</b>	Stimulant	3-9 gms	EDS, cataplexy	
<i>paliperidone</i>	<b>Invega</b>	Atypical	3-12	Schizophrenia	
<i>paroxetine</i>	<b>Paxil/Pexeva</b>	SSRI	20-60	MDD, GAD, OCD, Panic, Soc. Anx, PTSD	<i>Depr, Anx, PmDD</i>
<i>phenelzine</i>	<b>Nardil</b>	MAOI	45-90	MDD	
<i>pramipexole</i>	<b>Mirapex</b>	Dopamine agonist	1.5-4.5	Anti-Parkinson's	<i>Treatment-resistant Depression</i>
<i>prazepam</i>	<b>Centrax</b>	benzodiazepine	30-60	Anx	<i>Alch withdrawal, Seiz</i>
<i>pregabalin</i>	<b>Lyrica</b>	Anti-convulsant	300-600	Seiz, Neuropathic pain	<i>GAD</i>
<i>procyclidine</i>	<b>Kemadrin</b>	Antidyskinetic	7.5-20	Anti-Parkinson's	
<i>propranolol</i>	<b>Inderal</b>	Antihypertensive	10-80	Hypertension	<i>Anx, Alch withdrl, Akathisia, Panic</i>
<i>quazepam</i>	<b>Doral</b>	benzodiazepine	7.5-15	Insomnia, short-term use	
<i>quetiapine</i>	<b>Seroquel</b>	Atypical	150-800	Schizophrenia, Bipolar	
<i>ramelteon</i>	<b>Rozerem</b>	Hypnotic	8	Insomnia	
<i>risperidone</i>	<b>Risperdal</b>	Atypical	1-8	Bipolar, Schizophrenia, Autism	
<i>rivastigmine</i>	<b>Exelon</b>	Cholinesterase inhibitor	3-12	Mild-moderate dementia	
<i>ropinirole</i>	<b>Requip</b>	Dopamine agonist	.75-3	Anti-Parkinson's, Restless leg	<i>Treatment-resistant depression</i>
<i>selegiline</i>	<b>Eldepryl</b>	MAO-B	5-10	Anti-Parkinson's	<i>Depr, Smoking</i>
<i>selegiline</i>	<b>EMSAM</b>	MAO-B	6-12	MDD, skin patch	
<i>sertraline</i>	<b>Zoloft</b>	SSRI	50-200	Panic, OCD, MDD, PmDD, SocAnx, PTSD	<i>BDD, Depr, Anx</i>
<i>sibutramine</i>	<b>Meridia</b>	Anorexiant	10-15	Obesity	
<i>sildenafil</i>	<b>Viagra</b>	PDE-5 inhibitor	25-100	Erectile dysfunction	
<i>tacrine</i>	<b>Cognex</b>	Cholinesterase inhibitor	40-160	Mild-moderate dementia	
<i>temazepam</i>	<b>Restoril</b>	benzodiazepine	15-30	Insomnia, short-term use	
<i>tiagabine</i>	<b>Gabitril</b>	Anti-convulsant	4-32	Epilepsy	<i>Bipolar</i>
<i>tranlycypromine</i>	<b>Parnate</b>	MAOI	30-60	MDD	
<i>trihexyphenidyl</i>	<b>Artane</b>	Antidyskinetic	1-15	Anti-Parkinson's	<i>ExtraPyramidal Symptoms</i>
<i>topiramate</i>	<b>Topamax</b>	Anti-convulsant	400-1600	Epilepsy, Migraines	<i>Bipolar</i>
<i>trazodone</i>	<b>Desyrel</b>	SARI	150-400	MDD	<i>Depr, Hypn</i>
<i>triazolam</i>	<b>Halcion</b>	benzodiazepine	.25-.50	Insomnia, short-term use	
<i>vardenafil</i>	<b>Levitra</b>	PDE-5 inhibitor	5-20	Erectile dysfunction	
<i>varenicline</i>	<b>Chantix</b>	Nicotinic receptor agonist	0.5-2	Smoking cessation	
<i>venlafaxine</i>	<b>Effexor, XR</b>	SNRI	75-375	MDD, GAD, Panic	<i>Depr, PTSD, SocAnx, PmDD</i>
<i>zaleplon</i>	<b>Sonata</b>	Non-benzo hypnotic	5-10	Insomnia, short-term use	
<i>ziprasidone</i>	<b>Geodon</b>	Atypical	40-160	Schizophrenia, Bipolar	
<i>zolpidem</i>	<b>Ambien, CR</b>	Non-benzo. hypnotic	5-12.5	DFA, SCD, short-term use	
<i>zonisamide</i>	<b>Zonegran</b>	Anti-convulsant	100-400	Epilepsy	<i>Bipolar</i>

We have other "Tools for Busy Clinicians" at [www.ThreeWishesPress.com](http://www.ThreeWishesPress.com). Need the now-required ICD-9 Diagnoses? All clinicians have to get a National Provider Identifier number by 5/23/07: Learn how. Be knowledgeable not just compliant with HIPAAHelp.

An updated version of this list will be posted about every three months at [www.psychmeds.info](http://www.psychmeds.info)

**Drug Class Abbreviations:** *Antidyskinetic* = drugs used to treat Parkinson's disease and extrapyramidal effects of antipsychotics. *Anorexiant* = to treat obesity. *Atypical* = newer antipsychotics/neuroleptics. The *Conventional*, older antipsychotics/neuroleptics are now rarely used and so are not listed. *DNRI* = Dopamine-Norepinephrine Reuptake Inhibitor. *MAOI* = Monoamine Oxidase Inhibitor. *NRI* = Norepinephrine Reuptake Inhibitor. *PDE-5 inhibitor* = Phosphodiesterase type-5 inhibitors. *SARI* = Serotonin-2 antagonist/Serotonin Reuptake Inhibitor. *SNRI* = Serotonin-Norepinephrine Reuptake Inhibitor. *SSRI* = Selective Serotonin Reuptake Inhibitor. *TetracyclicAD* = Tetracyclic Antidepressant. *TricyclicAD* = Tricyclic Antidepressants almost replaced by SSRIs and so few listed. [ ] = drug withdrawn by manufacturer but still available as generic. Removed from the market. *ODT* = Orally Disintegrating Tablet.

**Indications and Disorder Abbreviations:** *ADHD* = Attention Deficit Hyperactivity Disorder. *Anorexiant* = For exogenous obesity. *Anx* = Anxiety Disorder NOS. *BDD* = Body Dysmorphic Disorder. *Bipolar* = Bipolar Affective Disorder (antimanic). *Depr* = Depression (see MDD). *DFA* = Difficulty Falling Asleep. *Eat* = Eating Disorders. *EDS* = Excessive Daytime Sleepiness. *EMA* = Early Morning Awakening. *GAD* = Generalized Anxiety Disorder. *Hypn* = Hypnotic (sleep inducer) for many sleep disorders. *MDD* = Major Depressive Disorder (not Dysthymia or Depression NOS). *Narco* = Narcolepsy. *NeuroPath Pain* = Neuropathic pain associated with diabetic peripheral neuropathy. *OSA* = Obstructive Sleep Apnea. *OCD* = Obsessive-Compulsive Disorder. *Panic* = Panic Disorder, with or without Agoraphobia. *Phob* = Phobia. *PmDD* = Premenstrual Dysphoric Disorder. *PTSD* = Post-Traumatic Stress Disorder. *SAD* = Seasonal Affective Disorder. *Schizophrenia* = Schizophrenia, Psychosis, and related conditions. *SCD* = Sleep Continuity Disturbance. *SWSD* = Shift Work Sleep Disorder. *SocAnx* = Social Anxiety /Social Phobia.

**Disclaimer:** The information presented here is intended as general health information and as an educational tool but is not precise enough for making prescribing decisions and is not to be construed as medical advice. The indications/diagnoses are not exclusive, exhaustive, or precise. We have tried to be accurate but errors may exist here. Listing here is in no sense an endorsement by the authors of the use of any medication for any treatment purpose. The dosages offered here are for maintenance and authorities differ on these. Starting doses may be lower and for some people higher dosages (supra-therapeutic) are warranted. All trade and generic names are the property of their respective manufacturers, distributors, and copyright holders. Non-commercial copying and distribution of this list is permitted as long as NO changes are made to it. Any other uses require written permission. Copyrighted 2004-2006 by Edward Zuckerman and Dan Egli. This is version of January 28, 2007