

# Alphabetical Checklist of Dosages and Uses of 100 Common Psychotropic Medications

Ed Zuckerman, PhD and Dan Egli, PhD

NAMES		DRUG CLASS	USUAL ADULT DAILY DOSAGE RANGE IN MGS	FDA-APPROVED INDICATION(S)	COMMON "OFF-LABEL" USES, IF ANY
TRADE	GENERIC				
Abilify	aripiprazole	Atypical	10-15	Schizophrenia, Bipolar	
Adderall, XR	D- & L-amphetamine	Stimulant	5-40	ADHD, Narcolepsy	
Ambien, CR	zolpidem	Non-benzo. hypnotic	5-12.5	DFA, SCD, short-term use	
Anafranil	clomipramine	Tricyclic AD	100-250	OCD	
Antabuse	disulfiram	Alcohol antagonist	125-500	Manage chronic alcoholism	
Aricept	donepezil	Cholinesterase inhibitor	5-10	Mild, moderate, severe dementia	
Artane	trihexyphenidyl	Antidyskinetic	1-15	Anti-Parkinson's	ExtraPyramidal Symptoms
Ativan	lorazepam	Benzodiazepine	2-6	Anx	Alch withdrawal, Seiz, Insomnia
Aventyl/Pamelor	nortriptyline	Tricyclic AD	25-100	MDD	Depr
BuSpar	buspirone	Anti-anxiety	15-60	GAD	
Campral	acamprosate	Alcohol antagonist	1332-1998	Alcohol dependence	
Catapres	clonidine	Antihypertensive	.1-.3	Hypertension	Drug detox, Pain, Impulse, ADHD
Celexa	citalopram	SSRI	20-40	MDD	Depr, PmDD, PTSD, BDD, SocAnx
Centrax	prazepam	Benzodiazepine	30-60	Anx	Alch withdrawal, Seiz
Chantix	varenicline	Nicotinic receptor agonist	0.5-2	Smoking cessation	
Cialis	adalafil	PDE-5 inhibitor	5-20	Erectile dysfunction	
Clozaril/FazaClo	clozapine	Atypical	300-450	Schizophrenia	Bipolar
Cogentin	benztropine	Antidyskinetic	1-8	Anti-Parkinson's	ExtraPyramidal Symptoms
Cognex	tacrine	Cholinesterase inhibitor	40-160	Mild-moderate dementia	
Concerta	methylphenidate	Stimulant	18-54	ADHD	
Cymbalta	duloxetine	SNRI	20-80	MDD, Neuropathic Pain	Depr, GAD, PmDD, PTSD, SocAnx
Dalmane	flurazepam	Benzodiazepine	15-30	Insomnia, short-term use	
Daytrana	methylphenidate	Stimulant	10-27	ADHD skin patch, ages 6-12	
Depakote/-ene/-con	divalproex	Anti-convulsant	750-3000	Bipolar, Epilepsy, Migraine	
Desoxyn	methamphetamine	Stimulant	5-25	ADHD, Anorexiant	EDS, Narco
Desyrel	trazodone	SARI	150-400	MDD	Depr, Hypn
Dexedrine	dextroamphetamine	Stimulant	5-40	ADHD, Narcolepsy	EDS
Doral	quazepam	Benzodiazepine	7.5-15	Insomnia, short-term use	
Effexor, XR	venlafaxine	SNRI	75-375	MDD, GAD, Panic	Depr, PTSD, SocAnx, PmDD
Elavil	amitriptyline	Tricyclic AD	75-150	MDD	Depr
Eldepryl	selegiline	MAO-B	5-10	Anti-Parkinson's	Depr, Smoking
EMSAM	selegiline	MAO-B	6-12	MDD, skin patch	
Equetro	carbamazepine ER	Anti-manic	200-1600	Bipolar	
Eskalith/Lithobid	lithium carbonate	Anti-manic	900-1800	Bipolar	
Exelon	rivastigmine	Cholinesterase inhibitor	3-12	Mild-moderate dementia	
Focalin, XR	dexmethylphenidate	Stimulant	5-20	ADHD	
Gabitril	tiagabine	Anti-convulsant	4-32	Epilepsy	Bipolar
Geodon	ziprasidone	Atypical	40-160	Schizophrenia, Bipolar	
Halcion	triazolam	Benzodiazepine	.25-.50	Insomnia, short-term use	
Inderal	propranolol	Antihypertensive	10-80	Hypertension	Anx, Alch withdrl, Akathisia, Panic
Invega	paliperidone	Atypical	3-12	Schizophrenia	
Kemadrin	procyclidine	Antidyskinetic	7.5-20	Anti-Parkinson's	
Keppra	levetiracetam	Anti-convulsant	1000-3000	Epilepsy	Bipolar
Klonopin, Wafers	clonazepam	Benzodiazepine	.25-4	Seizures, Panic	GAD, Hypn
Lamictal	lamotrigine	Anti-convulsant	100-200	Epilepsy, Bipolar	
Levitra	vardeafil	PDE-5 inhibitor	5-20	Erectile dysfunction	
Lexapro	escitalopram	SSRI	10-20	MDD, GAD	BDD, PTSD, SocAnx, Depr, PmDD
Librium	chlordiazepoxide	Benzodiazepine	5-100	Anx, Alcohol withdrawal	
Ludiomil	maprotiline	Tetracyclic AD	75-225	MDD	Depr
Lunesta	eszopiclone	Non-benzo hypnotic	2-3	Insomnia, ≤ 6 months use	
[Luvox]	fluvoxamine	SSRI	50-300	OCD	MDD, PTSD, SocAnx, PmDD, BDD
Lyrica	pregabalin	Anti-convulsant	300-600	Seiz, Neuropathic pain	GAD
Marplan	isocarboxazid	MAOI	20-60	MDD	
Meridia	sibutramine	Anorexiant	10-15	Obesity	
Metadate	methylphenidate	Stimulant	20-60	ADHD	
Methylin	methylphenidate	Stimulant	20-60	ADHD, Narcolepsy	
Mirapex	pramipexole	Dopamine agonist	1.5-4.5	Anti-Parkinson's	Treatment-resistant Depression
Namenda	memantine	NMDA antagonist	5-20	Moderate-severe dementia	
Narcan	naloxone	Opioid antagonist	.4-2	Opioid overdose	
Nardil	phenelzine	MAOI	45-90	MDD	

<b>Neurontin</b>	<i>gabapentin</i>	Anti-convulsant	900-1800	Epilepsy	<i>Bipolar</i>
<b>Niravam</b>	<i>alprazolam, ODT</i>	Benzodiazepine	.3-5	Panic, GAD	
<b>Parnate</b>	<i>tranylcypromine</i>	MAOI	30-60	MDD	
<b>Paxil/Pexeva</b>	<i>paroxetine</i>	SSRI	20-60	MDD, GAD, OCD, Panic, Soc. Anx, PTSD	<i>Depr, Anx, PmDD</i>
<b>ProSom</b>	<i>estazolam</i>	Benzodiazepine	1-2	Insomnia, short-term use	
<b>Provigil</b>	<i>modafinil</i>	Wakefulness promotion	100-400	EDS, OSA, SWSD	<i>ADHD, MDD</i>
<b>Prozac/Sarafem</b>	<i>fluoxetine</i>	SSRI	20-80	OCD, Panic, PmDD MDD, PTSD, Bulimia	<i>Depr, SocAnx, Anx, BDD</i>
<b>Razadyne</b>	<i>galantamine</i>	Cholinesterase inhibitor	8-32	Mild-moderate dementia	
<b>Remeron/Soltab</b>	<i>mirtazapine</i>	Tetracyclic AD	15-45	MDD	<i>Depr</i>
<b>Requip</b>	<i>ropinirole</i>	Dopamine agonist	.75-3	Anti-Parkinson's, Restless leg	<i>Treatment-resistant depression</i>
<b>Restoril</b>	<i>temazepam</i>	Benzodiazepine	15-30	Insomnia, short-term use	
<b>Revia/Revox</b>	<i>naltrexone/nalmefene</i>	Opioid antagonist	50	Opioid dependence	<i>Alcohol dependence</i>
<b>Risperdal</b>	<i>risperidone</i>	Atypical	1-8	Bipolar, Schizophrenia, Autism	
<b>Ritalin</b>	<i>methylphenidate</i>	Stimulant	20-60	ADHD, Narcolepsy	<i>EDS</i>
<b>Rozerem</b>	<i>ramelteon</i>	Hypnotic	8	Insomnia	
<b>Serax</b>	<i>oxazepam</i>	Benzodiazepine	30-120	Anx, Alcohol withdrawal	<i>Anti-itch, Seiz, Hypn</i>
<b>Seroquel</b>	<i>quetiapine</i>	Atypical	150-800	Schizophrenia, Bipolar	
<b>[Serzone]</b>	<i>nefazodone</i>	SNRI + 5HT2a	300-600	MDD	<i>Anx, PTSD</i>
<b>Sinequan/Adapin</b>	<i>doxepin</i>	Tricyclic AD	150-300	MDD	<i>Depr</i>
<b>Sonata</b>	<i>zaleplon</i>	Non-benzo hypnotic	5-10	Insomnia, short-term use	
<b>Strattera</b>	<i>atomoxetine</i>	Non-stimulant	40-100	ADHD	
<b>Suboxone</b>	<i>buprenorphine &amp; naloxone</i>	Opioid antagonist	12-16	Opioid dependence	
<b>Subutex</b>	<i>buprenorphine</i>	Opioid antagonist	12-16	Opioid dependence	
<b>Symbyax</b>	<i>olanzapine &amp; fluoxetine</i>	Atyp & SSRI	6/25-12/50	Bipolar	<i>Schizophrenia</i>
<b>Tegretol</b>	<i>carbamazepine</i>	Anti-convulsant	400-1200	Epilepsy	<i>Bipolar</i>
<b>Tenex</b>	<i>guanfacine</i>	Antihypertensive	.5-3	Hypertension	<i>Drug withdrawal</i>
<b>Tofranil/PM</b>	<i>imipramine</i>	Tricyclic AD	75-200	MDD, Enuresis	<i>Depr</i>
<b>Topamax</b>	<i>topiramate</i>	Anti-convulsant	400-1600	Epilepsy, Migraines	<i>Bipolar</i>
<b>Tranxene</b>	<i>clorazepate</i>	Benzodiazepine	15-60	Anx., Seizures	
<b>Trileptal</b>	<i>oxcarbazepine</i>	Anti-convulsant	600-1200	Epilepsy	<i>Bipolar</i>
<b>Valium</b>	<i>diazepam</i>	Benzodiazepine	4-40	Anx., Muscle spasm, Seizures	
<b>Viagra</b>	<i>sildenafil</i>	PDE-5 inhibitor	25-100	Erectile dysfunction	
<b>Vivitrol(IM)</b>	<i>naltrexone</i>	Opioid antagonist	380/ mo.	Alcohol dependence	
<b>Wellbutrin/Zyban</b>	<i>bupropion</i>	DNRI	200-450	MDD, Smoking, SAD	
<b>BudeprionER</b>					
<b>Xanax, XR</b>	<i>alprazolam</i>	Benzodiazepine	.25-4	Panic	<i>Anx</i>
<b>Xenical</b>	<i>orlistat</i>	Lipase inhibitor	360	Obesity	
<b>Xyrem</b>	<i>sodium oxybate</i>	Stimulant	3-9 gms	EDS, cataplexy	
<b>Zoloft</b>	<i>sertraline</i>	SSRI	50-200	Panic, OCD, MDD, PmDD SocAnx, PTSD	<i>BDD, Depr, Anx</i>
<b>Zonegran</b>	<i>zonisamide</i>	Anti-convulsant	100-400	Epilepsy	<i>Bipolar</i>
<b>Zyprexa/Zydis</b>	<i>olanzapine</i>	Atypical	5-30	Schizophrenia, Bipolar	

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**Drug Class Abbreviations:** *Antidyskinetic* = drugs used to treat Parkinson's disease and extrapyramidal effects of antipsychotics. *Anorexiant* = to treat obesity. *Atypical* = newer antipsychotics/neuroleptics. The *Conventional*, older antipsychotics/neuroleptics are now rarely used and so are not listed. *DNRI* = Dopamine-Norepinephrine Reuptake Inhibitor. *MAOI* = Monoamine Oxidase Inhibitor. *NRI* = Norepinephrine Reuptake Inhibitor. *PDE-5 inhibitor* = Phosphodiesterase type-5 inhibitors. *SARI* = Serotonin-2 antagonist/Serotonin Reuptake Inhibitor. *SNRI* = Serotonin-Norepinephrine Reuptake Inhibitor. *SSRI* = Selective Serotonin Reuptake Inhibitor. *TetracyclicAD* = Tetracyclic Antidepressant. *TricyclicAD* = Tricyclic Antidepressants almost replaced by SSRIs and so few listed. [ ] = drug withdrawn by manufacturer but still available as generic. Removed from the market. *ODT* = Orally Disintegrating Tablet.

**Indications and Disorder Abbreviations:** *ADHD* = Attention Deficit Hyperactivity Disorder. *Anorexiant* = For exogenous obesity. *Anx* = Anxiety Disorder NOS. *BDD* = Body Dysmorphic Disorder. *Bipolar* = Bipolar Affective Disorder (antimanic). *Depr* = Depression (see MDD). *DFA* = Difficulty Falling Asleep. *Eat* = Eating Disorders. *EDS* = Excessive Daytime Sleepiness. *EMA* = Early Morning Awakening. *GAD* = Generalized Anxiety Disorder. *Hypn* = Hypnotic (sleep inducer) for many sleep disorders. *MDD* = Major Depressive Disorder (not Dysthymia or Depression NOS). *Narco* = Narcolepsy. *NeuroPath Pain* = Neuropathic pain associated with diabetic peripheral neuropathy. *OSA* = Obstructive Sleep Apnea. *OCD* = Obsessive-Compulsive Disorder. *Panic* = Panic Disorder, with or without Agoraphobia. *Phob* = Phobia. *PmDD* = Premenstrual Dysphoric Disorder. *PTSD* = Post-Traumatic Stress Disorder. *SAD* = Seasonal Affective Disorder. *Schizophrenia* = Schizophrenia, Psychosis, and related conditions. *SCD* = Sleep Continuity Disturbance. *SWSD* = Shift Work Sleep Disorder. *SocAnx* = Social Anxiety /Social Phobia.

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